



ROMAN CATHOLIC
DIOCESE
of *Calgary*

Catholic Pastoral Centre
120 17 Avenue SW
Calgary, Alberta T2S 2T2
Canada

ANNOUNCEMENTS
THIRD SUNDAY OF LENT
MARCH 14/15, 2020

PREVENTING THE SPREAD OF COVID-19

The Diocese of Calgary continues to monitor Alberta Health Services directives and our local situation regarding active cases of the coronavirus (COVID-19). At this time, Bishop McGrattan is requesting that all parishes immediately implement the following measures:

- At the Sign of Peace, refrain from shaking hands – a simple bow, nod, or “Peace be with you” to your neighbour is appropriate.
- Baptismal and Holy Water fonts are to be emptied and are to be sanitized with water and bleach.
- Holy Communion will only be distributed under the Body of Christ (Host).
 - Only priests may distribute Holy Communion to those who choose to receive on their tongue at a designated area apart from the main aisle.
Note: It has been shared by some public health experts that there is no indication of increased risk of infection in receiving the host either on the tongue or in the hand.
 - Those who choose to receive Holy Communion in the hand will be asked to approach the Extraordinary Ministers of Holy Communion or a priest who is not distributing Communion to those receiving on the tongue.
- Only priests are to consume the Precious Blood.
- Extraordinary Ministers of Holy Communion who feel uncomfortable distributing Holy Communion should be excused from this ministry.

Please also continue to practise healthy hygiene – wash your hands with soap or use hand sanitizer regularly, remain at home if you are sick, sneeze or cough into your sleeve, and avoid touching your eyes, nose or mouth. Let us continue to care for ourselves and one another as we pray for all those affected worldwide by COVID-19.

These measures are effective immediately and will remain in place until notified otherwise by the Diocese.

VOLUNTEER FOR THE OUTDOOR WAY OF THE CROSS

| The Diocese of Calgary invites you to volunteer for the Outdoor Way of the Cross on Good Friday (Starts at St. Mary’s Cathedral). To sign up as a volunteer, you must attend an Orientation Session associated with the role you wish to fill. A list of Orientation sessions are available on the website for you to sign up: <http://wayofthecross.ca> or email wayofthecross@calgarydiocese.ca

FAITH AND FUN FLAMES GAME ON MARCH 21 IS POSTPONED

| “In light of ongoing developments resulting from the coronavirus, and after consulting with medical experts and convening a conference call of the Board of Governors, the National Hockey League is announcing today that it will pause the 2019-20 season beginning with tonight’s games.”
<https://media.nhl.com/public/news/13911>

LENTEN EVENTS & RESOURCES

We prepare ourselves to enter once again into the Paschal mystery and to renew it in our lives. Find Lenten events, reconciliation services, parish missions and various family resources to accompany your journey in this season of prayer and penance: catholiccyc.ca/len

LENTEN RETREATS / MISSIONS

- **Lenten Family Fish Fry** with André Regnier (co-founder of Catholic Christian Outreach). When: **Wednesday, Mar. 18 at 5 pm to 8:30 pm**. Where: Clear Water Academy (2521 Dieppe Avenue SW, Calgary)
- **Lenten Mission with St. Gabriel's Parish, Chestermere**, with Sisters of Divine Mercy. When: **Monday (Mar. 16) to Wednesday (Mar. 18), from 6:30 pm to 8:30 pm**. Where: St. Gabriel's Rectory, 316 Windermere Dr. Chestermere.
- **SFXC Young Adult Lenten Retreat** (18-35) at Camp Chestermere (1041 East Lakeview Rd., Chestermere, AB). When: **Friday, Mar. 20** (all day).

To register, contact 587-232-9728 | sfxc@calgarydiocese.ca | sfxc.ca

- **St. Agnes' Lenten Mission** with speaker Fr. Daniel Gurnick. When: **Monday (Mar. 22) to Wednesday (Mar. 24) - at 7 pm**. Where: 302 Veterans Way NW, Carstairs.
- **Lenten Mission with St. Mary's in Cochrane** with speaker Br. Michael Perras, ofm. When: **Monday (Mar. 23) to Thursday (Mar. 26), at 6:30 pm**. Where: 10 River Heights Dr., Cochrane.
- **St. Bonaventure's Lenten Mission** with speaker Peter Thompson. When: **Thursdays in Lent, at 7pm**, except for Mar. 26, which will be moved to Monday, Mar. 30. Theme: *When your mind wanders at Mass*. Where: 1600 Acadia Dr. SE, Calgary.
- **St. Patrick's Lenten Mission** with Fr. Jerome, Fr. Cristino and Fr. Poul on "The 7 Last Words of Christ". When: **Thursdays in Lent, at 7:15 pm until 8 pm**. Where: 1414 Shawnessy Blvd. SW, Calgary.

2020 BISHOP'S DINNER

Join friends, family and the Catholic community for the 20th Bishop's Dinner. When: **Friday, May 8**, at Telus Convention Centre (120 9 Ave SE., Calgary). Funds raised will support the St. Francis Xavier Chaplaincy Program and the continued spiritual formation of young adults throughout our Diocese. More information: bishopsdinner.ca

INVITATION FROM REGNUM CHRISTI

- **Evening of Reflection for Men** with Fr. Daniel Wilson, LC. When: **Tuesday, March 24 at 7 pm to 9 pm**. Where: Clear Water Academy (2521 Dieppe Ave SW, Calgary). There will be Mass, confession and reflection.
- **Men's Breakfast Series - Elements of Inspired Leadership**. When: **Tuesday, March 31 at 7 am to 9:30 am**. Where: Sacred Heart Church (1307 14 St SW, Calgary). Cost: \$10.
- **Women's Ignatian Spiritual Exercises Silent Directed Retreat**. When: **Thursday, Apr. 30 at 4 pm to May 3**. Where: Entheos Retreat Centre, Calgary.

For more information or to register to these events, contact (403) 992-4748 | rccalgary.com

WOMEN CONFERENCE - FEMININITY:

TEARING OF THE VEIL | Beloved Daughters Women's Ministry invites all women to attend their first annual Women's Conference with speakers Heather & Jake Khym from *Life Restoration*. When: **Friday, May 15 & Saturday, May 16**. Where: St. Mary's Cathedral (219 18 Ave SW, Calgary). For more information or to get tickets, visit femininity.eventbrite.ca

ST. PATRICK'S FEAST DAY WITH BISHOP

MCGRATTAN | The Irish Cultural Society (ICS) invites you to celebrate the Feast day of St. Patrick at St. Mary's Cathedral on **Tuesday, Mar. 17 at noon** with Bishop McGrattan. Following mass, a light community lunch will be served in the parish hall. Kindly bring a tray of sandwiches or baked goods to contribute to the lunch.

THE CATECHESIS OF THE GOOD SHEPHERD TRAINING FOR ADULT CATECHISTS |

Based on Montessori principles, Catechesis of the Good Shepherd teaches scripture and liturgy for children ages 3-6. This is an opportunity for adults to be trained as Catechists for the Catechesis of the Good Shepherd, working with 3-6 year-old children in a parish/school setting. Training will be held **Apr. 20-25** at the Catholic Pastoral Centre. Register by **Mar. 15**. Visit: cgsac.ca | paula.sabatini@st-peters.ca

MARRIAGE PREPARATION WITH CEE

Inviting couples preparing for the sacrament of marriage:

- Catholic Engaged Encounter (CEE) marriage preparation weekend. When: **Mar. 28-29**. To register, call 403-240-0103 or visit ceewest.com/calgary
- Catholic Family Services Marriage Preparation Weekends will be held on **May 22-24** (St. Mary's Cathedral); June 19-21 (Holy Name, Calgary); July 24-26 (St. Peter's, Calgary). To register, visit cfs-ab.org

WAY OF THE CROSS PILGRIMAGE

St. Patrick's Parish in Calgary invites you to their one-day Lenten "pilgrimage" of visiting 14 churches in the Diocese of Calgary. When: **Saturday, Apr. 4**, starting at St. Patrick's at **7:30 am**. Cost: \$30/person. Travel will be by coach. For more details, contact 403-254-6878.